

Suh Esthetics

NEWSLETTER

July 2024

Special Summer



Hello Everyone!

Summer is here, and it's the perfect time to focus on your health and wellness goals. Suh Esthetics is dedicated to providing you with the best tools and support to achieve your weight loss and wellness objectives. We are excited to announce that we will be extending our June Specials throughout the summer! Through the months of July and August, Suh Esthetics will continue to offer the following specials:

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1. **Accufit** for building muscle and body contouring. Buy a package of 4 Accufit sessions, and get 1 free. Boost your weight loss journey by also receiving free weekly Semaglutide & M.I.C. with B12 injection (with proof of recent lab work), or a bottle of our Concierge Choice Fat Burner Supplement, or Concierge Choice Carbo Block Supplement with this package (greater than \$500 value).
 2. **KeraLase** hair restoration. Buy a package of 4 KeraLase treatments, and receive 2 maintenance treatments free (\$1,400 value). Dr. Suh has been receiving this treatment himself and has shown great results over the last few months!
 3. **Energy Boost IV**. Purchase a package of 4 energy boosting IV's, and get 1 energy boosting IV free, plus a bottle of Concierge Choice B-Complex Vitamins (\$247 value). You may customize your IV with additional vitamins and antioxidants for additional cost at the time of your visit.

Weight loss and Ozempic seems to be a very hot topic these days; so I thought I would provide you with an overview of Ozempic-like medications. If this is something you would be interested in to help with your weight loss goals, please talk to Dr. Suh or myself to see if this medication would be right for you.

The Benefits of Weight Loss with a Semaglutide:

Ozempic (semaglutide) is an FDA-approved medication that has shown remarkable results in aiding weight loss. As a glucagon-like peptide-1 (GLP-1) receptor agonist, this medication helps regulate appetite, reduce food intake, and improve blood sugar control. Here are some of the key benefits of incorporating a semaglutide into your weight loss plan:

- **Effective Appetite Control:** Semaglutides work by mimicking a hormone in your body that regulates appetite, helping you feel full longer and reducing overall calorie intake.
- **Improved Metabolic Health:** By supporting better blood sugar control, semaglutide can also contribute to improved metabolic health and reduced risk of type 2 diabetes and cardiovascular disease, which continues to be the number one cause of death in the US.
- **Sustainable Weight Loss:** Studies have shown that individuals using Semaglutide experience significant and sustained weight loss, making it a valuable tool for long-term weight management.

Common Misconceptions About Semaglutide for Weight Loss:

- **It's Only for Diabetics:** While Semaglutide is indeed used to manage type 2 diabetes, it is also approved for weight loss in individuals without diabetes. It can be a powerful tool for anyone looking to lose weight and improve their overall health.
- **It's a Quick Fix:** Ozempic is most effective when used as part of a comprehensive weight loss plan that includes healthy eating and regular physical activity. It's not a standalone solution, but a supportive aid.

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- **It Causes Major Side Effects:** Like any medication, Ozempic can have side effects, but most are mild and manageable. We monitor our patients closely to ensure their safety and comfort.

The Benefits of M.I.C. & B12 Injections

M.I.C. (Methionine, Inositol, and Choline) injections combined with B12 provide numerous benefits:

- **Enhanced Fat Burning:** M.I.C. injections help break down fat in the body, making it easier to eliminate through natural processes.
- **Improved Energy Levels:** B12 is essential for energy production, helping you stay active and motivated.
- **Better Metabolism:** Together, these injections can boost your metabolism, helping you burn calories more efficiently.



Here's to a healthier, happier you!

Lacey Meyer, Advanced Registered Nurse Practitioner

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